

# Workshop News



**Workshop**  
for *Women*

"Become Your Own Handywoman"

## 2 Sessions Added!

### Don't pay someone else again this year! Sprinkler Maintenance & Repair

It's time to get your sprinkler system started up and ready to go for the season. Why pay someone else to start it up when you can learn to do it yours.

**Monday May 11, 2009** from 6 pm - 9 pm

**Saturday May 23, 2009** from 9 am - Noon



[Register](#)

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### Did You Know?

\* Sears has a battery powered hammer called the Hammerhead. It is a 12 Volt lithium ion battery powered hammer. Great for working in tight spaces and when your arm is tired from swinging that hammer! Check it out at [www.sears.com](http://www.sears.com)

\* You can keep your fresh flowers fresher longer by adding a little hydrogen peroxide to the water when filling the vase. It prevents

### Summer Project Idea

#### 2-Hour, \$25 campfire bench

I found this simple project in the May issue of the [Family Handyman](#) Magazine. If you don't subscribe you should!



#### Material List:

Purchase two 10 foot long 2 x 8's

2 1/2 inch deck screws

Construction Adhesive

#### Cutting List:

Rear Legs: 2 x 8 x 17-1/4" (22 1/2 degree cuts)

Front Legs: 2 x 8 x 36" (22 1/2 degree cuts)

Seat: 2 x 8 x 42"

Back: 2 x 8 x 45"

Cut the legs from a 2 x 8 x 10ft piece of rot resistant wood. Cut the seat and back rest.



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flower killing bacteria from taking hold, extending the life of your flowers

\* If you're in the middle of a painting project and want to store your brushes or rollers without cleaning them wrap them tightly in plastic so that no air can get to the paint and put them in your refrigerator. Need more time? Put them in the freezer.



**2009  
Festival of  
Women**

**Saturday  
June 20th  
3 pm - 9 pm  
Dick's**

**Sporting Goods Park**

[Click Here](#)

**Follow Judy's Blog**

If you'd like more regular updates on home improvement tips, new products, links and more, then sign up to follow Judy's blog.

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Layout and assemble the sides as mirror images, using the seat and the back pieces for alignment. Join the legs with three 2 1/2 in deck screws and construction adhesive. Pre-drill all the screw holes with a countersink bit to avoid splitting the wood. Finally, set the sides up parallel to each other and glue and screw the seat and back into place.

Finish the bench with a coat of exterior oil or stain.

## **T & G Hardwood 101 - Join Me There!**

I met with Chris Keale of T & G Hardwood and I am very impressed with his commitment to educating his clients and homeowners about the details of choosing hardwood flooring. Put this on your calendar today!



T & G Hardwood is offering a 1 1/2 hour presentation Hardwood 101. This is a no-nonsense primer about the latest trends in hard-surface flooring. You'll also enjoy fine wine, cheeses and charcuterie.

Topics include:

- \* The latest design trends
- \* Key hardwood characteristics that matter to you (hardness, stability and light sensitivity)
- \* Finish options (urethanes vs natural oil finishes) site-finished versus pre-finished floors
- \* Eco-friendly considerations
- \* How to spot quality

This isn't a sales pitch for a particular set of products. This is our effort to bring both education and value to our elite clientèle. Choosing hardwood flooring is hard. Make an informed choice. Take Hardwood 101!

We promise a fun, relaxing, and informative evening!

May 2009

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## Do It Yourself Denver

Join us on the 2nd Tuesday of each month at 6 pm. You'll meet other enthusiastic "do-it-yourselfers" and hear speakers on a variety of home improvement topics, from interior decorating to concrete repair!

Next Meeting  
Tuesday May 12th

[Join and RSVP today!](#)

## Home Inspections

**Offering \$25 Discount  
Until July 1st**

If you're buying a new home or just want to know what needs to be taken care of in your current home. Schedule your professional home inspection with Judy today!

**Call:**

303-456-6789 or  
303-284-6354

**Email:**

[judy.browne@pillartopost.com](mailto:judy.browne@pillartopost.com)



Space is limited. Please RSVP!

WHEN: Thursday, May 21st, 2009

TIME: 5:45 PM to 7:30 PM

LOCATION: T&G Hardwood Floor Specialists, 5690 Logan Street, Denver, CO 80216

Sign up today by emailing [chris@TandGFlooring.com](mailto:chris@TandGFlooring.com)

## Just for Fun

### Habitat for Humanity 2009 Women Build House!

[www.habitatmetrodenver.org](http://www.habitatmetrodenver.org)

Construction on the 2009 Women Build starts on Thursday, May 7th and will continue through the middle of September. Volunteers are needed to help on weekdays during May and June volunteer opportunities will be posted in the upcoming weeks. To sign up for volunteer opportunities please visit Habitat's Online Registration System.

### Becoming an Outdoors Woman (BOW)

<http://wildlandinstitute.org/bow>

BOW was created out of the idea that women would like to be more involved in the outdoors, but traditionally did not have a supportive place to learn. BOW provides opportunities for women to learn skills that enhance and encourage participation in outdoor activities and conservation.

Hands-on, outdoor workshops provided in a safe atmosphere with expert instructors.

No experience or special equipment necessary.

### Women's Wilderness Institute

<http://www.womenswilderness.org>

Women's Wilderness offers a wide range of outdoor adventures, wilderness vacations and retreats. We welcome you to explore the outdoors in your own style with year-round courses ranging from skill-building days of rock climbing or mountain biking, to the peace and stillness of a backpacking or yoga retreat through a stunning desert canyon.

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