

February 2009

Workshop News



Workshop
for *Women*

"Become Your Own Handywoman"

Girls Night Out!

(Coming in
March 2009)

Once a month
Workshop for
Women will be
hosting a girls
night out. Each
event will
include a



project, door prizes, games and more. Bring a
friend, make new friends and have fun. Watch
for more details in our March newsletter.

www.workshopforwomen.com

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Local Discount Resources

* Habitat for Humanity Outlets

www.habitatoutlet.org

* Extra Building Materials

303-296-8090

www.extrabuild.com

* Home Clearance Center

303-777-0182

www.cabinetstogo.net

* Colorado Countertops

303-388-0044

www.co-tops.com

Buy Cheap, Change Often

(Furnace filters and indoor air quality)

Those of you who have taken my home
maintenance class know how I feel about using
your furnace filter as a way to clean your
indoor air.

A very important home maintenance task for
homeowners with forced air heating systems is
to change the furnace filter at regular intervals.
The filter should be changed regularly during
the heating season and for homes with whole
house air-conditioning this should be done
throughout the year.

The furnace filter is located between the air
intake and the furnace motor. The original and
most important purpose of the filter is to protect
your furnace motor and internal components
from airborne particles that could cause damage
and reduce operating efficiency. Changing your
furnace filter frequently will protect your
furnace and improve its efficiency resulting in
savings in both maintenance costs and energy
use.

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Charm Home Staging

Are you planning to sell your home? I highly recommend you consult a professional home stager before you put it on the market. We sold our home in 4 days for full price this past summer and staging was the key!

Contact Jenny Kipp at Charm Home Staging today!
303-485-9323
www.charmhomestaging.com

Drywall Repair DVD

ONLY \$9.95

[Preview it here](#)

A complete DVD which covers everything from the trip to the hardware store to purchase your tools to repairing it all from a simple crack to a large hole.

[Buy Today](#)

Today there are many different types of filters on the market along with marketing campaigns that try to convince you that you can use your furnace filter not only to protect your furnace but to improve the quality of your indoor air. Many of these claims can be very misleading.

My recommendation when it comes to furnace filters and maintenance is "buy cheap, change often". According to a study done by the Canada Mortgage and Housing Corporation (CMHC), using furnace filters as a way to improve your indoor air quality is not only expensive but makes only a moderate difference in the quality of your indoor air when compared to other changes you can make in your home. [CMHC Study](#)

My recommendations regarding furnace filter maintenance:

- Don't use your furnace filter as a way to clean your indoor air.
- Buy an inexpensive filter and change it **every month** throughout the heating season or year round if you have whole house air conditioning.
- If you choose to buy a more expensive filter check it each month to monitor it's cleanliness to assure the airflow to the furnace is not being restricted, potentially causing damage.
- For older furnaces (10 years or older) be especially careful about using expensive filters that catch a lot of particulates. It can restrict the air flow enough to reduce the efficiency of your furnace and in some cases burn out a motor which is a very expensive repair.

Recommendations to improve indoor air quality
(from CMHC study)

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Workshop News

Do It Yourself Denver

Join us on the 2nd Tuesday of each month at 6 pm. You'll meet other enthusiastic "do-it-yourselfers" and hear speakers on a variety of home improvement topics, from interior decorating to concrete repair!

Next Meeting
Tuesday Feb 10th

[Join and RSVP today!](#)

- Remove your shoes when entering your home
- Keep major dust generators (smoking, pets, etc.) out of the house
- Reduce dust collecting surfaces (open shelves, carpets, upholstered furniture, etc.)
- Frequent vacuuming with an efficient vacuum cleaner
- Reduce the entry of particle-laden outdoor air by closing windows

My New Blog - Please Read!

I've started a new blog. If you're interested in information about home improvement and do it yourself resources please take a minute to check it out.

www.doityourselfdenver.blogspot.com

Here's a short list of things you can expect to find there:

- "How to" articles by me and other authors
- New and interesting products I find or which have been recommended to me.
- Home Improvement and do-it-yourself resources such as local stores, websites and on-line information.
- Links to fun and interesting home improvement stuff.
- much, much more

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